

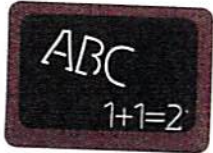


Harmony Area School District

Aug./Sept. Lunch Menu

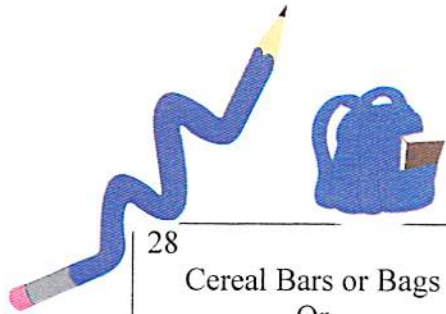
Salads, Yogurt or Peanut Butter & Jelly Sandwich w/ cheese stick available daily as Entrée.

Menu subject to change due to availability.



28 Chicken Patty w/ Roll Lettuce, Tomato, Cheese Oven Fries Apple Milk	29 Nacho's & Cheese Meat Sauce Tossed Salad Pears Milk	30 Ham & Cheese Pretzel Melt Sweet Potato Fries Pepper Strips Applesauce, Milk	31 Pancakes w/ Syrup Sausage Links Hash Brown Patty 100% Juice Milk	1 Round Pizza Tossed Salad Banana Milk
4 NO SCHOOL!	5 Hamburger w/ Roll Lettuce, Tomato, Cheese Oven Fries Cucumber Slices Mand. Oranges, Milk	6 Hot Dog w/ Roll Baked Beans Carrots & Celery Watermelon Milk	7 "KFC" Bowl (potatoes, corn, chicken) Dinner roll Peaches, Milk	8 Stuffed Crust Pizza Veggies & Dip Oranges Milk
11 BBQ Rib Sandwich Pierogies Peppers & Onions Coleslaw Peaches, Milk	12 Sloppy Joe w/ Roll Baked Potato (butter, sr. cream, cheese) Apple Milk	13 Pasta w/ Chicken Alfredo Or Meat Sauce Tossed Salad Garlic Bread Stick Pears, Milk	14 Hoagie Potato Chips Pepper Strips Choc. or Van. Pudding Apple, Milk	15 French Bread Pizza Caesar Salad Banana Milk
18 Bacon Cheeseburger Oven Fries Pineapple Milk	19 COOK'S CHOICE	20 Chicken Gravy & Biscuit Or Hot Dog w/ Roll Peas Pears Milk	21 Taco's Lettuce, Tomato, Cheese Refried Beans, Corn Orange Milk	22 Chicken or Cheese Pizza Quesadilla Carrots & Celery Applesauce Milk
25 Chicken Sticks Buttered Noodles Peas Apple Milk	26 Hobo or Toasted Cheese Tomato Soup Veggies & Dip Orange Milk	27 Steak & Cheese Hoagie Peppers & Onions California Blend Veg. Applesauce Milk	28 Grilled Chicken Salad Oven Fries Dinner Roll Peaches Milk	29 Stromboli w/ Sauce Green Beans Banana Milk

Harmony Area School District
MS/HS Aug/Sept Breakfast Menu
 Menu subject to change due to availability.



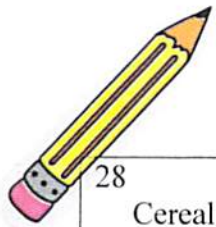
	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	1
Cereal Bars or Bags Or Cereal & Toast Fresh Fruit & Juice Milk	Combo Bar w/ Toast Or Cereal & Toast Fresh Fruit & Juice Milk	Funnel Cake Or Cereal & Toast Fresh Fruit & Juice Milk	Assorted Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit & Cheese Milk	Yogurt Parfaits Or Cereal & Toast Fresh Fruit & Juice Milk
4	5	6	7	8
NO SCHOOL	Breakfast Pizza or Cereal & Toast Fresh Fruit & Juice Milk	Pancakes & Syrup or Cereal & Toast Fresh Fruit & Juice Milk	Assorted Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit & Cheese Milk	Yogurt Parfaits Or Cereal & Toast Fresh Fruit & Juice Milk
11	12	13	14	15
Poptarts Or Cereal & Toast Fresh Fruit & Juice Milk	Egg & Cheese Biscuit or Cereal & Toast Fresh Fruit & Juice Milk	French Toast Sticks Or Cereal & Toast Fresh Fruit or Juice Milk	Assorted Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit or Juice Milk	Yogurt Parfaits or Cereal & Toast Fresh Fruit & Juice Milk
18	19	20	21	22
Mini Cinnies Or Cereal & Toast Fresh Fruit & Juice Milk	Sausage Gravy & Biscuit Or Cereal & Toast Fresh Fruit & Juice Milk	Waffles & Syrup Or Cereal & Toast Fresh Fruit & Juice Milk	Assorted Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit & Juice Milk	Yogurt Parfaits or Cereal & Toast Fresh Fruit & Juice Milk
25	26	27	28	29
S'more Turnover Or Cereal & Toast Fresh Fruit & Juice Milk	Cheese Omelet & Toast Or Cereal & Toast Fresh Fruit & Juice Milk	Pancakes & Syrup or Cereal & Toast Fresh Fruit & Juice Milk	Assorted Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit & Juice Milk	Yogurt Parfaits or Cereal & Toast Fresh Fruit & Juice Milk

Harmony Area School District

Elem. Aug/Sept Breakfast Menu

Menu subject to change due to availability.

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Tuesday

Wednesday

Thursday

Friday

28 Cereal Bars or Bags Or Cereal & Toast Fresh Fruit & Juice Milk	29 Combo Bar w/ Toast Or Cereal & Toast Fresh Fruit & Juice Milk	30 Funnel Cake Or Cereal & Toast Fresh Fruit & Juice Milk	31 Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit & Cheese Milk	1 Yogurt & Muffin Or Cereal & Toast Fresh Fruit & Juice Milk
4 NO SCHOOL	5 Breakfast Pizza or Cereal & Toast Fresh Fruit & Juice Milk	6 Pancakes & Syrup or Cereal & Toast Fresh Fruit & Juice Milk	7 Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit & Cheese Milk	8 Yogurt & Toast Or Cereal & Toast Fresh Fruit & Juice Milk
11 Poptarts Or Cereal & Toast Fresh Fruit & Juice Milk	12 Egg & Cheese Biscuit or Cereal & Toast Fresh Fruit & Juice Milk	13 French Toast Sticks Or Cereal & Toast Fresh Fruit or Juice Milk	14 Bagels w/Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit or Juice Milk	15 Yogurt & Muffin or Cereal & Toast Fresh Fruit & Juice Milk
18 Mini Cinnies Or Cereal & Toast Fresh Fruit & Juice Milk	19 Egg, Bacon, & Toast Or Cereal & Toast Fresh Fruit & Juice Milk	20 Waffles & Syrup Or Cereal & Toast Fresh Fruit & Juice Milk	21 Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit & Juice Milk	22 Yogurt & Toast or Cereal & Toast Fresh Fruit & Juice Milk
25 S'more Turnover Or Cereal & Toast Fresh Fruit & Juice Milk	26 Cheese Omelet & Toast Or Cereal & Toast Fresh Fruit & Juice Milk	27 Pancakes & Syrup or Cereal & Toast Fresh Fruit & Juice Milk	28 Bagels w/ Cr. Cheese & Jelly or Cereal & Toast Fresh Fruit & Juice Milk	29 Yogurt & Muffin or Cereal & Toast Fresh Fruit & Juice Milk