



# Harmony Area School District


## April 2024 Lunch Menu



Weekly Entrée Exchange available or Peanut Butter & Jelly Sandwich w/cheese stick available daily.

Menu subject to change without notice

Milk: Unflavored 1%, Fat Free Chocolate or Fat Free Strawberry

Weekly Munchable Entrée Exchange					
	Monday	Tuesday	Wednesday	Thursday	Friday
Ham & Cheese	1 <b>No School</b> 	2 Corn Dog Smiley Fries Green Beans Peaches Milk	3 General Tso's or Sweet and Sour Chicken, Rice, Broccoli, Mandarin Oranges, Fortune Cookie Milk	4 Pork Riblet Sandwich Steak Fries Carrots, Milk	5 Homemade Pizza Tossed Salad Apple Milk
<u>Quesadilla</u>					
Pizza	8 Chicken Patty reg. or spicy w/roll Smiley Fries, Carrots Fresh Pear, Milk	9 Fish Sticks w/roll Mac & Cheese Stewed Tomatoes Mixed Fruit Milk	10 Chicken/Bacon/Ranch Sandwich, Steak Fries California Blend Banana Milk	11 Pork Nachos Grande Assorted Embellishments Corn Applesauce/Hand Fruit Milk	12 French Bread Pizza Caesar Salad Orange Quarters Milk
Hot Dog					
Chicken/Bacon/ Ranch Wrap	15 Chicken Tenders Oven Fries Mixed Vegetables Applesauce, Milk	16 Sloppy Jo, Baked Potato (sour cream, margarine, bacon bits, cheese) Broccoli Peaches, Milk	17 "KFC" Bowl Popcorn chicken, mashed potatoes, gravy, cheese, Dinner Roll, Corn Pineapple Tidbits, Milk	18 Cook's Choice Veggie Apple Milk	19 Round Pizza Tossed Salad Grapes Milk
Toasted Cheese					
Pizza	22 Hot Dog w/roll Smiley Fries Green Beans Pears, Milk	23 BBQ or plain Pulled Pork pretzel/plain roll Buttery Carrots Peaches Milk	24 Hobo or Toasted Cheese Tomato Soup, crackers Cucumber slices w/dip, Applesauce, Milk	25 BBQ or Rotisserie Chicken Parsley Potatoes, Corn Mixed Fruit, Milk	26 Stuffed Crust Pizza Assorted Veggies w/dip Grapes Milk
Hot Dog					
Ham & Cheese	29 Chicken Nuggets Roll, Spiral Fries, Peas Mandarin Oranges Milk	30 Deli Sandwich Potato Chips Pasta Salad Assorted Veggies Apple, Milk	5/1 "KFC" Bowl Popcorn chicken, mashed potatoes, gravy, cheese, Dinner Roll, Corn Pineapple Tidbits, Milk	5/2 BBQ or Plain Chicken Hoagie, Oven Fries Coleslaw, Apples Milk	5/3 Stromboli w/dip Caesar Salad Hand Fruit Milk
<u>Qusedallia</u>					



# Harmony Area School District

## April 2024 Breakfast Menu



Menu subject to change without notice  
Milk: 1% Unflavored or fat free chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>No School</b>	2 Pop Tarts Or Cereal or wg Toast Fresh Fruit or Juice Milk	3 Egg Patty on wg toast Or Cereal or wg Toast Fresh Fruit or Juice Milk	4 Breakfast Pizza Or Cereal or wg Toast Fresh Fruit or Juice Milk	5 Assorted Muffins Or Cereal or wg Toast Fresh Fruit or Juice Milk
8 Assorted Cereal Bars Or wg Toast Fresh Fruit or Juice Milk	9 French Toast Sticks or Cereal or wg Toast Fresh Fruit or Juice Milk	10 Sausage Gravy w/biscuit Or Cereal or wg Toast Fresh Fruit or Juice Milk	11 Assorted Muffins or Cereal or wg Toast Fresh Fruit or Juice Milk	12 HS/MS -Yogurt Parfait Elem -Yogurt w/wg Toast Or Cereal or wg Toast Fresh Fruit or Juice Milk
15 Apple Frudel Or Cereal or wg Toast Fresh Fruit or Juice Milk	16 Breakfast Pizza Or Cereal or wg Toast Fresh Fruit or Juice Milk	17 Cheesy Egg Patty w/bacon on toast Cereal or wg Toast Fresh Fruit or Juice Milk	18 Combo Breakfast Bar Or Cereal or wg Toast Fresh Fruit or Juice Milk	19 Assorted Muffins Or Cereal or wg Toast Fresh Fruit or Juice Milk
22 Minni Cinni Or Cereal or wg Toast Fresh Fruit or Juice Milk	23 Pancakes w/syrup Or Cereal or wg Toast Fresh Fruit or Juice Milk	24 Sausage Gravy over warm biscuit Or Cereal or wg Toast Fresh Fruit or Juice Milk	25 Cook's Choice Or Cereal or wg Toast Fresh Fruit or Juice Milk	26 HS/MS -Yogurt Parfait Elem -Yogurt w/wg Toast Or Cereal or wg Toast Fresh Fruit or Juice Milk
29 Pop Tart Or Cereal or wg Toast Fresh Fruit or Juice Milk	30 Combo Breakfast Bar w/toast Or Cereal or wg Toast Fresh Fruit or Juice Milk	5/1 Egg Patty on wg toast Or Cereal or wg Toast Fresh Fruit or Juice Milk	5/2 Breakfast Pizza Or Cereal or wg Toast Fresh Fruit or Juice Milk	5/3 Assorted Muffins Or Cereal or wg Toast Fresh Fruit or Juice Milk